



NEWSLETTER Winter 2017

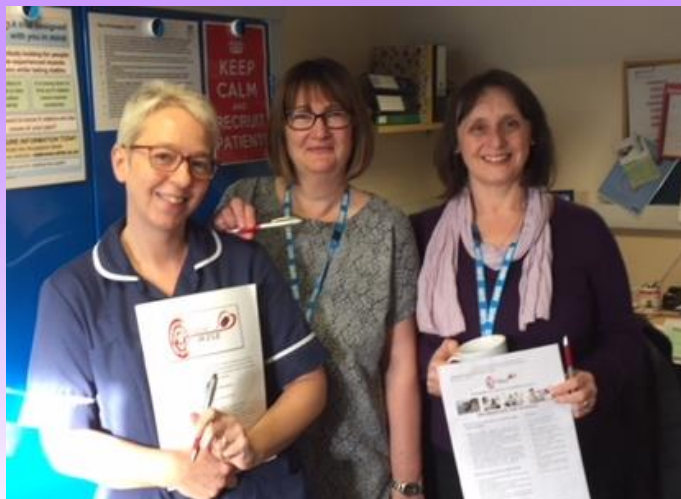
STATINWISE - 133 PATIENTS RECRUITED

Dear Collaborators,
 Congratulations to you all for the continuing work for the success of your trial. You all must take huge credit for getting the trial to this stage. You have worked tirelessly this year - well done to all! You all know the statement - Success is 1% inspiration and 99% perspiration. Designing the StatinWISE trial was the 1% inspiration, but it is all of you putting in the 99% perspiration has got us to **133 patients**. Onwards into 2018
 On behalf of the CTU, we thank you for being part of this trial



2017's Top Recruiter.....Queen Square

"The StatinWISE question is a good question to answer - patients complain about muscle pain when taking statin and it would be good to know if it is the statin!"



Sarah Bland Nicky Harding Julie Leach

What do you like about StatinWISE?

- There is not a lot of paperwork as the study is mainly computer based
- The site files are well set out
- The study team are helpful and are responsive to queries
- The posters are eye-catching and patients have responded to them
- The medication is posted and that we don't have to be responsible for it

Our top tip:

The practice as a whole is involved and everyone is on the look out for eligible patients

South London CRN

"We are privileged to be making a contribution towards answering this very important question. The trial may help clinicians with a clear pathway to objectively guide them in evaluating muscle symptoms when using statins. StatinWISE can generate vital new knowledge which can also have widespread benefits for patients both now and in the future."

Our top tip:

"Although on EMIS there is a code for patients reporting muscle symptoms e.g. muscle pain or fatigue, this may not be related to statin use. As a result one has to manually look through the medical notes which can be arduous. However, In addition to the search and GP screening the list, we also conduct the pre-eligibility screening phone call for patients who have responded positively to further establish eligibility."

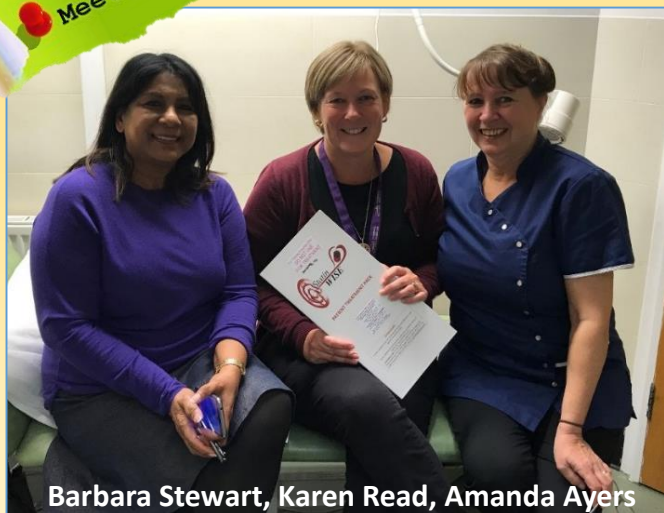


Ana Guerra, Gill Foster, Julie Fuller, Melissa Baldey, Jay Singh



Meet Our Team

Eastern CRN



Barbara Stewart, Karen Read, Amanda Ayers

"We have a lot of patients claiming muscle symptoms from their statins and this study provides a real opportunity to test if it really is the statins" – **Mattishall**

"It is an interesting study and we have quite a few potentially eligible patients" – **Long Stratton**

"Easy to follow and good support" – **Barbara Stewart (CRN Lead Nurse)**

"We enjoyed recruiting our first patient and we look forward to recruiting more" – **Long Stratton**

What do you like about StatinWISE?

"This is a well organised study, the paperwork is user friendly as is the portal. Any queries I have had have been promptly dealt with by the study team" – **Falkland**

"Excellent trial folders with all the information needed and good support from network and clinical trials team" – **Mattishall**

"The support from the research team has been great and the information regarding the study is straightforward" – **Long Stratton**

The Village Practice - a GP's perspective

North West Coast CRN

"Our practice is keen to be involved in research which will improve patient care. We were attracted to this study as many patients ask us about muscle pains as a side effect of taking statins and we thought this study may help us to answer their questions. My main role has been to check each potential study participant's medical record, to ensure that they are suitable for the study. This has been time consuming but rewarding, when we are able to recruit suitable patients." - **Morag McDowall**

Meet Our Team



From left to right: Morag McDowall, Lorraine Parsons, Helen Permain

OUR TOP TIPS

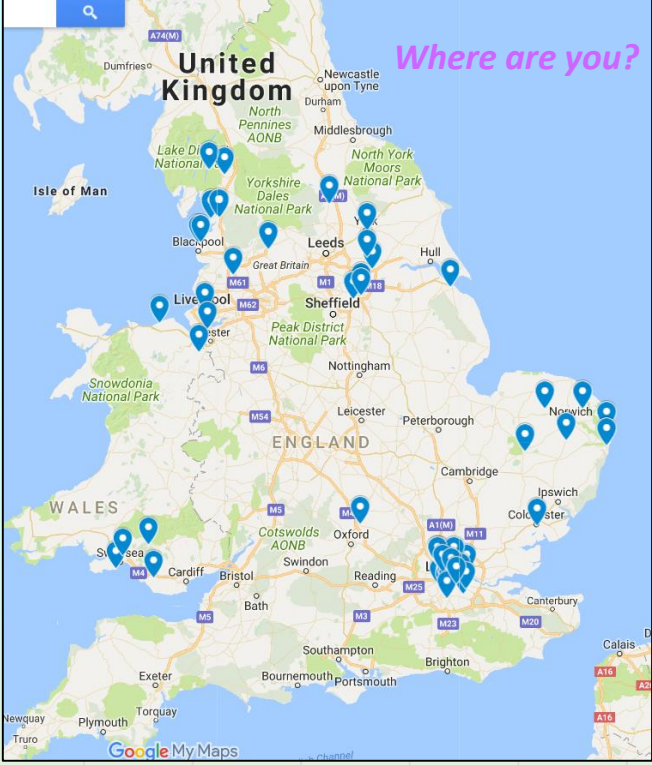
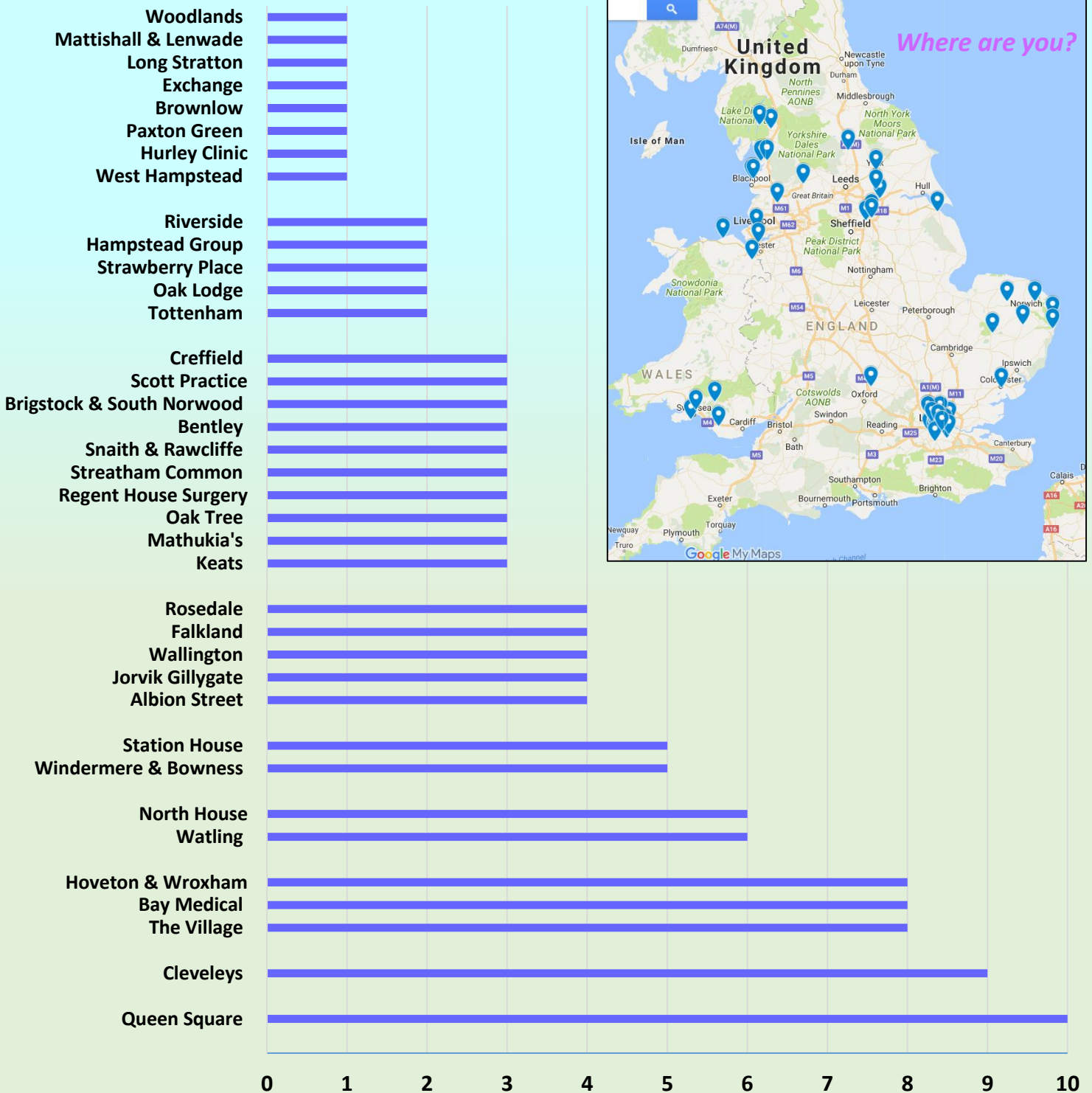
1. Arrange a meeting for all the GPs and nurses in the practice
2. Identify the study lead within the practice, so there is a named point of contact
3. Teamwork has been the key to success
4. It is essential to have an organised team who is interested in progressing the study
5. Place posters in strategic places around the practice
6. Keep staff aware of the study and the latest happenings

What do you like about StatinWISE?

The Statinwise team have always been very helpful and accessible. Just today, I rang Kieran about a patient eligibility query. I was able to get straight through to him by phone. He was very helpful. Smooth, direct communication like this is a real bonus

Congratulations

**to all the teams across the country for making the trial a success in 2017!
Together you have recruited over 133 patients from a network of 58 sites.
Well done to all.**



New sites awaiting first patient.....



The William Harvey Heart Centre (Dr David Collier)
Ongar Health Centre (Dr Potluir and Dr Chowdhury)

Recruitment end date – 31st July 2018



Congratulations to our StatinWISE sites

The issue of whether statins cause muscle pain remains an important question for millions of people around the world. Because of the fantastic efforts of everyone involved in the StatinWISE trial, we will be able to answer this question. This will make a huge contribution to health worldwide.

A huge thank-you for the invaluable part you have played
Wishing you all a happy holiday and all the best for 2018

